

# Animals including humans Year 3



Think deeply about...

- How does the human body function?
- Why do animals including humans, need a skeleton?
- What are hydrostatic skeletons, exoskeletons and endoskeletons?
- How do our diets compare to animals diets?

Learn...

- Why animals, including humans, can't make their own food.
- Identify the nutrients that animals, including humans, need to survive.
- Investigate the different food groups to understand what humans need to be healthy.
- How to design a healthy, balanced meal.
- Why human and some other animal have skeletons and muscles.

Use...

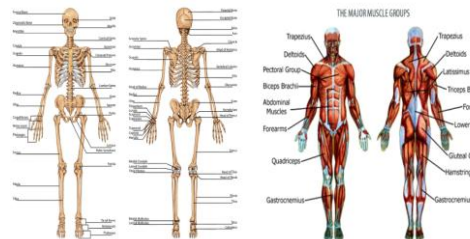
## Vocabulary

Herbivore, carnivore, omnivore, nutrition, diet, food chain,

Carbohydrates, proteins, dairy, fats, sugars, vitamins, minerals, fibre, growth, repair, health, energy

Vertebrate, invertebrate, bone, skeleton, skull, ribcage, pelvis, femur

Muscles, joints, tendons, contract, relax, biceps, triceps, lungs, diaphragm, lung capacity, investigate, measure, compare



Explore...

- <https://www.bbc.co.uk/bitesize/articles/z96vb9q>
- <https://www.bbc.co.uk/bitesize/clips/ztfncw>
- <https://www.bbc.co.uk/bitesize/clips/zmj8q6f>
- <https://www.bbc.co.uk/bitesize/clips/zytjnp3>