

IMPLEMENTATION & IMPACT OF P.E. AT MILE CROSS PRIMARY



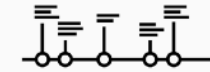
BIG IDEAS

We recognise the importance that PE plays in the curriculum and are committed to providing all children opportunities to engage positively in physical education.

The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a life-long love of sport, physical activities and a healthy lifestyle.

PE lessons encourage children to compete against themselves and others whilst being challenged to develop and improve their physical, social, emotional and thinking skills.

- Develop competence to excel in a broad range of physical activities.
- Children engaged in physical activity for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy active lives



CONTENT & SEQUENCING

- EYFS children begin to develop the foundations of movement through accessing the Physical Development stand of Development Matters (gross and fine motor skills). This is taught discreetly within continuous provision throughout the day but also in PE sessions in Reception.
- In KS1 & KS2 children participate in two high quality PE lessons each week, covering at least two sporting disciplines every half term.
- Physical activity is embedded into the school day through initiatives such as BBC Super-movers, Just Dance & Jump Start Johnny.
- Children are encouraged to remain active during all break and lunchtimes through utilising an extensive range of resources e.g. MUGA, outdoor gym, trampolines, pogo sticks, skipping bikes/tricycles and scooters etc.
- Children are invited to attend competitive sporting events and festivals within the local area.



RESOURCES

- Get Set for PE
- Less Mills
- JumpStart Johnny
- Norwich City Community Sports Foundation



RETRIEVAL

- Units of work are blocked for a set period of time so that all lessons are in the same area of activities, promoting progression and the development of transferrable skills.
- Each area of PE also has a progression ladder which shows development from EYFS to Year 6.



PROGRESS

- Summative and formative assessment is carried out by specific specialist teachers and professional sports coaches.
- Photographic evidence is utilised to build a portfolio of children's participation during lessons and at other sporting events where appropriate.



SUPPORT

- Extra curricular opportunities encourage an inclusive approach for not only physical development but also mental wellbeing.
- Provide all children with access to the lesson.