

Puzzle Piece – Year 3	Key vocabulary
Being Me in my World	<p>Valued: To be appreciated.</p> <p>Achievements: To achieve success.</p> <p>Proud: The emotional response to a positive achievement.</p> <p>Personal Goal: A goal where you challenge yourself.</p> <p>Acknowledge: something done to express thanks or show appreciation.</p> <p>Affirm: To state something as true.</p> <p>Emotions: A strong feeling such as joy, hatred, sorrow, or fear. When one feels an emotion, there are physical changes such as an increase in pulse, crying, or trembling.</p> <p>Nightmare: An unpleasant dream</p> <p>Fears: A strong feeling one gets when one expects danger or pain (real or not).</p> <p>Worries: A feeling of unease or anxiety.</p> <p>Solutions: When a problem is solved.</p> <p>Support: Other people helping you.</p> <p>Rights:</p> <p>Responsibilities:</p> <p>Dream: (1) Thoughts and pictures that you see when you are asleep. (2) A high aspiration</p> <p>Behaviour: The way a person acts or behaves</p> <p>Rewards: Something of value that is promised to someone for good work or a good deed.</p> <p>Consequences: The outcome of a choice or action.</p> <p>Actions: Something that is done for a particular purpose.</p> <p>Fairness: Treating everyone the same regardless of gender, race or religious beliefs.</p> <p>Choices: The act of picking one thing or another.</p> <p>Co-Operate: How to work with people.</p> <p>Group Dynamics: How a group works together or co-operates.</p> <p>View Point: Your personal opinion.</p>
Celebrating Differences	<p>Family: a group made up of a parent or parents and their children.</p> <p>Loving: feeling or showing love or great care.</p> <p>Caring: displaying kindness and concern for others.</p> <p>Connected: A common thread between people.</p> <p>Difference: Something that is not the same.</p> <p>Conflict: Two conflicting viewpoints.</p> <p>Solve It Together: A Jigsaw conflict resolution tool.</p> <p>Solutions: Working together to resolve conflict.</p> <p>Witness: Someone who observes an event.</p> <p>Bystander: Someone who happens to be present when something takes place but does not take part in it.</p> <p>Bullying: Someone who targets a person and causes emotional physical harm over a prolonged period of time.</p> <p>Gay: Two people from the same gender loving and being in a healthy relationship with each other.</p> <p>Hurtful: Causing physical or emotional pain or suffering.</p> <p>Derogatory: Using words that make people feel bad about themselves.</p>
Healthy Me	<p>Oxygen: A gas with no colour or smell that is one of the chemical elements. Oxygen combines with hydrogen to make water. It also makes up about twenty percent of the earth's atmosphere. Most living things need oxygen.</p> <p>Calories / kilojoules: A unit for measuring the amount of energy that a food can produce when taken into the body. The more calories something has, the more energy it can provide for the body.</p> <p>Heartbeat: What you feel your heart doing.</p> <p>Lungs: One of two organs in the chest that are used in breathing. Lungs are found in mammals, birds, reptiles, and some other animals. They bring oxygen to the body and get rid of carbon dioxide.</p> <p>Heart: The muscle that pumps blood around your body.</p> <p>Fitness: How psychically fit someone it.</p> <p>Labels: Printed information on food to show the nutritional value. These can include: sugar, fat, nutrients, carbohydrates, vitamins.</p>

	<p>Healthy: Making good choices for your body and mind.</p> <p>Drugs: Drugs can refer to medications which people have to take to stay healthy. These are safe drugs. Some people take drugs that are not prescribed by a doctor. These are unsafe and may cause harm to your body.</p> <p>Safe: Keeping yourself safe by making good and healthy choices.</p> <p>Anxious: Having thoughts that repeat themselves. Normally associated with a worry or a fear. Your stomach may churn and your palms may begin to sweat.</p> <p>Strategy: A plan.</p> <p>Advice: Information from a trusted adult or friend.</p> <p>Risk: An action that can have dangerous consequences.</p>
Dreams and Goals	<p>Perseverance: Not giving up.</p> <p>Challenges:</p> <p>Success:</p> <p>Obstacle:</p> <p>Ambitions: Goals, aspirations or dreams for the future.</p> <p>Enterprise: A plan or project.</p> <p>Design: to make or draw plans for the structure or form of.</p> <p>Cooperation: Working together with others.</p> <p>Product: An item that you have designed.</p> <p>Strengths: A skill that you are good at.</p> <p>Motivated: to cause to move or act by giving incentive or inspiration.</p> <p>Enthusiastic: having or showing intense and eager enjoyment, interest, or approval.</p> <p>Efficient: Getting the best outcome with the least about of wasted time or material.</p> <p>Responsible: Taking care of something or specific duties.</p> <p>Frustration: The feeling of being upset or annoyed, especially because of inability to change or achieve something.</p> <p>'Solve It Together' Technique: A jigsaw conflict resolution technique.</p> <p>Review: Reflect back on what you have achieved.</p> <p>Evaluate: What went well? What could I do even better with next time?</p>
Relationships	<p>Male - Men have one X chromosome and one Y chromosome, the latter being responsible for the characteristics that make men male, including the male sexual organs and the ability to produce sperm.</p> <p>Female – Female have being the sex that typically has the capacity to bear young or produce eggs. Females have two X chromosomes.</p> <p>Unisex – clothing, toilets and hairstyles designed to be suitable for both sexes.</p> <p>Role – a function assumed or part played by a person or thing in a particular situation.</p> <p>Job - a paid position of regular employment.</p> <p>Responsibilities - the state or fact of having a duty to deal with something or of having control over someone.</p> <p>Differences - a point or way in which people or things are dissimilar.</p> <p>Similarities - the state of being similar, either in ideas or identity.</p> <p>Respect - a feeling of deep admiration for someone or something elicited by their abilities, qualities, or achievements.</p> <p>Stereotype - a widely held but fixed and oversimplified image or idea of a particular type of person or thing</p> <p>Conflict - is a serious disagreement or argument. A conflict can happen between two people or between groups of people, for example between you and your best friend, or within a group of children playing a game.</p> <p>Solution - a means of solving a problem or dealing with a difficult situation.</p> <p>Problem solving - the process of finding solutions to difficult or complex issues.</p> <p>Friendship - the emotions or conduct of friends; the state of being friends.</p> <p>Win-win – Where everyone is happy with the solution.</p> <p>Safe - protected from or not exposed to danger or risk</p> <p>Unsafe - not safe; dangerous.</p> <p>Risky - full of the possibility of danger, failure, or loss.</p> <p>Internet - is a global wide area network that connects computer systems across the world.</p>

	<p>Social media – websites and games where you can share photos and personal opinions.</p> <p>Private Messaging (PM) - A private message, personal message, or direct message (abbreviated as PM or DM) is a private communication channel between users</p> <p>Gaming- Gaming refers to playing electronic games, whether through consoles, computers, mobile phones or another medium altogether.</p> <p>Global – A citizen of the world.</p> <p>Communications – People communicate through language, both spoken and written.</p> <p>Transport - take or carry (people or goods) from one place to another by means of a vehicle, aircraft, or ship.</p> <p>Interconnected – to connect or cause to be connected one to the other or others.</p> <p>Food journeys – The journey of food from when it is created to us.</p> <p>Climate - is like the weather, but over a long time.</p> <p>Trade - the buying and selling of goods and services.</p> <p>Inequality – Unequal opportunities from birth.</p> <p>Needs - a need is something you must have to survive; like food, water and a home. A want is something that's nice to have, but you can actually live without; like an ice cream or a new skateboard</p> <p>Wants - Wants, on the other hand, are things that we would like to have, but that are not necessary for survival.</p> <p>Rights - Rights are what you should have or be able to do to have the best start in life. These rights are listed in the UN Convention on the Rights of the Child. All rights are equally important and are connected to each other. You are born with these rights, and no one can take them away.</p> <p>Deprivation - the state of being kept from possessing, enjoying, or using something</p> <p>United Nations - The United Nations (UN) is an association of independent countries that agreed to work together to prevent and end wars.</p> <p>Equality – How we treat children.</p> <p>The United Nations Convention on the Rights of the Child (UNCRC) is a legally-binding international agreement setting out the civil, political, economic, social and cultural rights of every child, regardless of their race, religion or abilities.</p> <p>Justice - Justice is a concept on ethics and law that means that people behave in a way that is fair, equal and balanced for everyone.</p> <p>Happiness - the fact or condition of being happy or glad.</p> <p>Celebrating - to do something special or enjoyable for an important event.</p> <p>Relationships - being related to or connected with another person.</p> <p>Friendship – Someone who you like or know.</p> <p>Family – Someone who you are related to.</p> <p>Thank you - shows our appreciation and conveys our gratitude.</p> <p>Appreciation – Recognition when someone does something nice for you.</p>
Changing Me	<p>Changes- Things that do not stay the same.</p> <p>Birth - the emergence of a baby or other young from the body of its mother; the start of life as a physically separate being.</p> <p>Animals - an animal as opposed to a human being.</p> <p>Babies – a very young child.</p> <p>Mother - a woman in relation to her child or children.</p> <p>Growing up - advance to maturity; develop into an adult.</p> <p>Baby– a very young child.</p> <p>Grow - natural development by increasing in size and changing physically.</p> <p>Uterus - The hollow, pear-shaped organ in a woman's pelvis. The uterus is where a foetus (unborn baby) develops and grows.</p> <p>Womb - the organ in the lower body of a woman or female mammal where offspring are conceived and in which they gestate before birth.</p> <p>Nutrients - substances in food that our bodies process to enable it to function</p> <p>Survive - to remain alive</p> <p>Love - strong feelings of affection for another person or thing.</p> <p>Affection - feeling or showing love or affection.</p> <p>Care - feeling or showing concern</p>

Changes- Things that do not stay the same.

Puberty - is when a child's body begins to develop and change as they become an adult. Girls develop breasts and start their periods. Boys develop a deeper voice and facial hair will start to appear.

Control – Things or events that we can change and can change.

Testicles - Testicles are parts that are found on the bodies of male creatures. Male mammals, including men, have two testicles, supported in a sac of skin below the penis called the scrotum. Along with the penis, testicles are called the reproductive organs. Only males have testicles

Sperm - Sperm are the male reproductive cells

Penis - the male sex organ through which sperm is transferred to a female. The penis is also used to dispose of urine.

Ovaries - The ovaries are two oval-shaped organs that lie to the upper right and left of the uterus.

Egg - a cell in a female animal or in some kinds of plants that can develop into a new individual after it is fertilized.

Ovum/ Ova - An egg, or ovum, is the female reproductive cell.

Womb/ Uterus - the organ in the lower body of a woman or female mammal where offspring are conceived and in which they gestate before birth.

Vagina - The vagina is a tube that connects the uterus to the outside of the body.

Stereotype - a widely held but fixed and oversimplified image or idea of a particular type of person or thing

Task – an assigned piece of work.

Role – a function assumed or part played by a person or thing in a particular situation.

Challenge - is something new and difficult which requires great effort and determination

Changes- Things that do not stay the same.

Looking forward – To look to the future.

Excited – very enthusiastic and eager

Nervous – being fearful or anxious in a specific situation.

Anxious – a feeling of unease, such as worry or fear

Happy – feeling or showing pleasure.