

Puzzle Piece : Year 4	Key vocabulary
Being Me in my World	<p><b>Included:</b> To take in or have as part of a whole or group</p> <p><b>Excluded:</b> To not be allowed to join in.</p> <p><b>Valued:</b> To be important to beneficial.</p> <p><b>Team:</b> To work with others to achieve a common goal.</p> <p><b>Role:</b> Your part to play in a situation.</p> <p><b>Job Description:</b> A description of the job role.</p> <p><b>School Community:</b> A community built up of people who work in the same school.</p> <p><b>Responsibility:</b> The condition or fact of being responsible.</p> <p><b>Rights:</b> Everyone has a right to be fed, educated and looked after.</p> <p><b>Democracy:</b> A system of government by the whole population or all the eligible members of a state, typically through elected representatives.</p> <p><b>Decisions:</b> A conclusion or resolution reached after consideration.</p> <p><b>Voting:</b> An official choice.</p> <p><b>Authority:</b> Someone in charge.</p> <p><b>Contribution:</b> A gift, point of view or payment to a common fund or collection.</p> <p><b>Observer:</b> A person who watches or notices something.</p> <p><b>UN Convention on Rights of Child (UNCRC):</b> The United Nations Convention on the Rights of the Child is an international human rights treaty which sets out the civil, political, economic, social, health and cultural rights of children.</p>
Celebrating Differences	<p><b>Character:</b> A thing that is accepted as true or as certain to happen, without proof.</p> <p><b>Judgement:</b> The ability to make considered decisions or come to sensible conclusions.</p> <p><b>Surprised:</b> To be shocked or amazed by something unexpected</p> <p><b>Different:</b> Not the same as another or each other; unlike in nature, form, or quality.</p> <p><b>Appearance:</b> The way that someone or something looks.</p> <p><b>Accept:</b> To consent to receive a thing offered.</p> <p><b>Influence:</b> The capacity to have an effect on the character, development, or behaviour of someone or something, or the effect itself.</p> <p><b>Opinion:</b> A view or judgment formed about something, not necessarily based on fact or knowledge.</p> <p><b>Attitude:</b> Thinking one way about an issue.</p> <p><b>Friend:</b> A person whom one knows and with whom one has a bond of mutual affection, typically exclusive of sexual or family relations.</p> <p><b>Secret:</b> Not known or seen or not meant to be known or seen by others.</p> <p><b>On purpose / Deliberate:</b> Choosing to act in a certain way.</p> <p><b>Witness:</b> Someone who observes an event.</p> <p><b>Bystander:</b> Someone who happens to be present when something takes place but does not take part in it.</p> <p><b>Problem solve:</b> The process of finding solutions to difficult or complex issues.</p> <p><b>Special:</b> Something better, greater, or otherwise different from what is usual.</p> <p><b>Unique:</b> Being the only one of its kind; unlike anything else.</p> <p><b>Impression:</b> An idea, feeling, or opinion about something or someone, especially one formed without conscious thought or on the basis of little evidence.</p> <p><b>Bully/ Bullying:</b> A person who seeks to harm, intimidate, or coerce someone perceived as vulnerable. This can be <b>physical, mental</b> or <b>emotional</b>. This can also be <b>cyber bullying</b> though <b>text messages</b> or <b>online</b>. Bullies who are <b>online</b> on a <b>website</b> are called <b>trolls</b>. They <b>deliberately</b> choose to make other people feel bad. People can also be targeted for their <b>physical features</b>.</p>
Healthy Me	<p><b>Friendship:</b> The state or condition of being a friend.</p> <p><b>Emotions:</b> A strong feeling such as joy, hatred, sorrow, or fear. When one feels an emotion, there are physical changes such as an increase in pulse, crying, or trembling These can include: <b>fear, anxiety, and happiness</b>.</p> <p><b>Healthy:</b> Making good choices for your body and mind.</p> <p><b>Relationships:</b> The way in which two or more concepts, objects, or people are connected, or the state of being connected.</p> <p><b>Friendship groups:</b> A group of people who are connected through friendship.</p> <p><b>Value:</b> The regard that something is held to deserve; the importance, worth, or usefulness of something.</p>

	<p><b>Leader:</b> A person who leads or commands a group, organization, or country.</p> <p><b>Follower:</b> A person who follows the leader.</p> <p><b>Assertive:</b> Having or showing a confident and forceful personality.</p> <p><b>Agree:</b> Having the same opinion about something or with someone.</p> <p><b>Disagree:</b> Not having the same opinion about something or someone.</p> <p><b>Smoking:</b> Smoking is a practice in which a substance is burned and the resulting smoke is breathed in to be tasted and absorbed into the bloodstream.</p> <p><b>Pressure:</b> Continuous physical force exerted on or against an object by something in contact with it. This can be physical, emotional or psychological.</p> <p><b>Peers:</b> A person of the same age, status, or ability as another specified person.</p> <p><b>Guilt:</b> The feeling or fact of having committed a specified or implied offense or crime.</p> <p><b>Advice:</b> Guidance or recommendations offered with regard to prudent future action.</p> <p><b>Alcohol:</b> A colourless volatile flammable liquid that is produced by the natural fermentation of sugars and is the intoxicating constituent of wine, beer, spirits, and other drinks, and is also used as an industrial solvent and as fuel.</p> <p><b>Liver:</b> A large, reddish brown organ in the body that has many functions. The liver cleans the blood, stores energy and nutrients, makes bile, and helps the body digest fats. It is found at the top of the abdomen. <i>Drinking too much alcohol can damage the liver.</i></p> <p><b>Disease:</b> A condition that causes harm to the health of a person, animal, or plant.</p> <p><b>Believe:</b> To accept as honest or true.</p>
Dreams and Goals	<p><b>Hope:</b> A feeling or chance that something will happen the way one wants it to.</p> <p><b>Goal:</b> A result or end that a person wants and works for.</p> <p><b>Determination:</b> The quality of having a firm goal or being determined.</p> <p><b>Perseverance:</b> A steadfast continuance in a course of action, task, or belief.</p> <p><b>Resilience:</b> The ability to bounce back after a setback.</p> <p><b>Positive attitude:</b> A positive way of feeling or thinking about something or someone.</p> <p><b>Disappointment:</b> Someone or something that disappoints.</p> <p><b>Cope:</b> To handle or deal with in a successful way.</p> <p><b>Help:</b> To aid or assist.</p> <p><b>Self-belief:</b> To believe in yourself.</p> <p><b>Motivation:</b> The condition of being motivated.</p> <p><b>Commitment:</b> A pledge or obligation to fulfil an act or function.</p> <p><b>Success:</b> The reaching of something desired or intended.</p>
Relationships	<p><b>Relationships:</b> being related to or connected with another person.</p> <p><b>Close:</b> emotional support between two people.</p> <p><b>Jealousy:</b> Jealousy is an emotion; the term generally refers to the thoughts or feelings of insecurity.</p> <p><b>Problem-solve:</b> Defining a problem and then working together to solve the issue.</p> <p><b>Emotions:</b> Emotions are also called feelings like being happy or mad or scared. You feel them because of what you see, hear, remember, and do. So whether you're sad and blue or happy and excited, you can share your feelings with other people by talking about them.</p> <p><b>Positive:</b> something that is good or helpful.</p> <p><b>Negative:</b> Something that is bad or unhelpful such as an attitude.</p> <p><b>Loss :</b> the fact or process of losing something or someone.</p> <p><b>Strategy :</b> a plan of action designed to achieve a long-term or overall aim.</p> <p><b>Shock :</b> The feeling when you realize that something very bad just happened.</p> <p><b>Disbelief :</b> the feeling of not believing someone or something</p> <p><b>Numb:</b> a general lack of emotion.</p> <p><b>Denial :</b> Refusing to acknowledge that something is wrong is a way of coping with emotional conflict</p> <p><b>Anger :</b> Anger is an emotion characterized by antagonism toward someone or something you feel has deliberately done you wrong.</p> <p><b>Guilt:</b> feeling bad for something you have done or perceived you have done.</p> <p><b>Sadness:</b> unhappy or without joy.</p> <p><b>Pain:</b> A physical or emotion pain in reaction to an event.</p> <p><b>Despair:</b> A loss of hope.</p> <p><b>Hopelessness:</b> A lack of excitement or optimism.</p>

	<p><b>Relief:</b> the feeling of being freed from pain, distress, or worry.</p> <p><b>Acceptance:</b> Accepting others for their thoughts and beliefs.</p> <p><b>Depression:</b> Depression is a type of mood disorder.</p> <p><b>Souvenir:</b> A reminder of a special time.</p> <p><b>Memento:</b> an object that is a reminder of a special event.</p> <p><b>Memorial :</b> something by which the memory of a person or an event is kept alive</p> <p><b>Loss:</b> the fact or process of losing something or someone.</p> <p><b>Memories:</b> The brain stores information which we can use to help us.</p> <p><b>Special:</b> different from what is normal or usual.</p> <p><b>Remember:</b> Memories that your brain has kept.</p> <p><b>Friendships:</b> People who are friends talk to each other and spend time together. They trust one another and also help each other when they are in trouble or are hurt.</p> <p><b>Negotiate:</b> In a negotiation, each child tries to persuade the other to agree with his or her point of view.</p> <p><b>Compromise:</b> Giving in a little in a disagreement to come to a resolution.</p> <p><b>Trust:</b> Believing in someone.</p> <p><b>Loyalty :</b> Loyalty is the feeling of devotion or faithfulness</p> <p><b>Anger:</b> a strong emotion brought on by a person or thing that causes one great pain or trouble.</p> <p><b>Betrayal:</b> Betrayal is when a person breaks the trust and faith of others that trust them.</p> <p><b>Empathy:</b> sharing an emotion with someone, or feeling the way they feel, even if you aren't in the same situation.</p> <p><b>Boyfriend/ Girlfriend</b></p> <p>Boyfriend or girlfriend pairings can be same gender as well as opposite gender. It is a special relationship between two people, and when they are older, they will know when it is the right for them to start having a romantic relationship. That time may not be the same for everyone because it is a personal choice.</p> <p><b>Attraction:</b> liking something about someone.</p> <p><b>Pressure:</b> the use of persuasion or intimidation to make someone do something.</p> <p><b>Personal:</b> Something that means something to you.</p> <p><b>Comfortable:</b> Something that provides physical ease or relaxation.</p> <p><b>Special:</b> different from what is normal or usual.</p> <p><b>Love:</b> a strong positive feeling of safety and care towards something or someone.</p> <p><b>Appreciation:</b> recognition and enjoyment of the good qualities of someone or something.</p> <p><b>Symbol:</b> a mark or a character that represents a feeling or movement.</p> <p><b>Care:</b> to feel concern or invest emotionally in someone or something.</p>
Changing Me	<p><b>Personal:</b> something that belongs to you whether that is information or emotions.</p> <p><b>Unique:</b> being the only one or thing of its kind, unlike anything else.</p> <p><b>Characteristics:</b> something that you may inherit from your parents or a trait that you can identify with.</p> <p><b>Parents:</b> biological or non-biological carers of children.</p> <p><b>Sperm:</b> the male reproductive cell to fertilise the egg.</p> <p><b>Egg/ Ovum:</b> the female reproductive cell to grow a baby.</p> <p><b>Penis:</b> a male organ where sperm and urine comes out.</p> <p><b>Testicles:</b> the sac where sperm lives.</p> <p><b>Vagina/ Vulva:</b> the female organ which leads to the uterus.</p> <p><b>Womb/ Uterus:</b> the organ in the lower body of a woman or female mammal where offspring are conceived and in which they gestate before birth.</p> <p><b>Ovaries :</b> a female reproductive organ in which ova or eggs are produced</p> <p><b>Making love/ Having sex / Sexual Intercourse:</b> When a grownup man and woman share an especially close and loving embrace which allows the sperm to be released through the penis into the vagina. People refer to this as 'making love' or 'having sex' or sexual intercourse (children will probably have heard these expressions before, but may not really understand what sexual intercourse really means) It's an intimate, loving and very private part of a grown-up relationship. The age of consent to any form of sexual activity is 16 for both men and women, so that any sexual activity between an adult and someone under 16 is a criminal offence.</p> <p><b>Fertilise:</b> to cause a cell to develop as a new individual.</p> <p><b>Conception:</b> the act of conceiving a child or a child being conceived.</p>

**Puberty:** is when a child's body begins to develop and change as they become an adult. Girls develop breasts and start their periods. Boys develop a deeper voice and facial hair will start to appear.

**Menstruation:** the process in which a woman discharges blood and other materials from the lining of the uterus at intervals around once a month.

**Periods:** the flow of blood from the lining of the uterus.

**Emotions:** These vary from child to child and adapt as we grow up.

**Changes:** Things that do not stay the same.

**Control:** Things or events that we can change and can change.

**Acceptance:** coming to peace with an action or changes.

**Looking forward:** eagerly awaiting something or an event.

**Excited:** very enthusiastic and eager.

**Nervous :** agitated or alarmed

**Anxious:** ongoing experience or state of worry, unease or nervousness about an imminent event or something with an uncertain outcome.